



To Pastors and Church Leaders,

I have the opportunity to visit with hundreds of pastors and church leaders throughout the world to discuss discipleship. While we are together, I ask them four questions.

Question 1: How are you and your church members doing as disciple makers?

As you would imagine, the response to this question varies from pastor to pastor. However, they all share a passion for disciple making. Pastors know we must make disciples if we are to reach the world. Therefore, if pastors have an awareness of and a passion for discipleship, we must wonder what is keeping them from leading their congregations to make disciples.

Question 2: Are you personally involved in discipleship?

I often hear responses such as "I would like to be, but it takes away from my sermon-preparation time" or "I haven't found someone I am comfortable discipling." I encourage the pastor to read Matthew 28:18-20 and ask the Lord how he can get involved in carrying out the Great Commission.

Question 3: Do you have an intentional process for disciple making?

The overwhelming response to this question is no.

Question 4: How can LifeWay help you and your church develop into a disciple-making congregation?

Here are two of the most popular responses:

- 1. "LifeWay can tell us what other churches are doing."
- 2. "LifeWay can give us an evaluation tool and process for implementing an intentional strategy in our church." This request usually steers the discussion back to question 1. Many leaders have a desire and passion for discipleship, but they don't have a process for making it happen.

Our response at LifeWay Christian Resources to these and other questions is to provide biblical solutions for churches. On behalf of all of us at LifeWay and the state conventions, I offer you this resource as a tool you can use to examine your current discipleship process and lay the foundation for developing a discipleship strategy for your church family.

The effort to prepare this resource was the work of many who are serving in churches, associations, state conventions, seminaries, sister entities, and LifeWay. I am grateful for all the people who shaped this resource to help churches. We pray that you and your church will use this tool to establish a process for making disciples.

Working together, we can see churches grow in their ability to make, mature, and multiply disciples. I encourage you, as a leader, to guide your church in developing an intentional discipleship strategy. A great harvest and community impact await every church that joins this mission!

Jesus Christ has commissioned you as one of His followers to go and make disciples. I encourage you to live each day God gives you to go, tell, and make disciples so that all nations will hear the gospel of Jesus Christ.

A follower of Jesus Christ,

John G. "Jay" Johnston, Director

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How to Use This Resource

As you begin developing a strategy for discipleship, I encourage you to spend private time in prayer. Give praise to God for your personal relationship with Jesus Christ. Ask Him to show you how you need to grow in your relationship with Him. Ask Him to show you who needs to serve with you on a team to develop your church's discipleship strategy. Ask Him to go before you and your team to prepare your church to make disciples.

This resource has two major sections that will guide you and your team to develop a discipleship strategy for your church.

Section 1: Focus on Your Current Discipleship Strategy

You and your team will discuss and respond to the following questions to gain an accurate view of your current discipleship strategy.

- What is your biblical understanding of discipleship?
- What does discipleship look like in your church?
- How does your church make disciples?
- Who does discipleship in your church?

Section 2: Focus on Your Future Discipleship Strategy

This section will guide you through a five-step process to develop your church's future strategy:

- Step 1: Conduct a prayer retreat with persons who will develop your church's discipleship strategy and process.
- Step 2: Craft your intentional discipleship strategy.
- Step 3: Establish guiding principles for developing your church's discipleship strategy.
- Step 4: Identify your church's life span spiritual-development process.
- Step 5: Develop your church's discipleship process.

The process of developing a discipleship strategy will not be completed overnight, but the time you invest will be worth the wait.

After completing the steps in this guide, go to www.lifeway.com to find an online spiritual assessment that you can use annually to discover the needs of your members, as well as ways to plan an effective discipleship ministry. For more information on this process, download information at www.lifeway.com or contact jay.johnston@lifeway.com.

Contents

Section 1: Fo	ocus on Your Current Discipleship Strategy	5
Consid	Inderstanding of Biblical Discipleship? er the points made in Dennis Rogers's article Is Your Understanding of Biblical Discipleship?"	5
With y	cipleship Look like in Your Church? our understanding of biblical discipleship in mind, e what your church is doing now.	10
	r Church Make Disciples? ould you describe the way your church makes disciples now?	10
Who Does Disc	cipleship in Your Church?	10
Section 2: Fo	ocus on Your Future Discipleship Strategy	11
Step 1:	Conduct a Prayer Retreat with Persons Who Will Develop Your Church's Discipleship Strategy and Process	11
Step 2:	Craft Your Intentional Discipleship Strategy Questions to consider:	12
	• What?	12
	• Why?	12
	• Who?	12
	• Where?	13
	• When?	13
Step 3:	Establish Guiding Principles for Developing	
	Your Church's Discipleship Strategy	14
	Suggested principles:	
	• Salvation assumes personal surrender to the lordship of Jesus Christ and a transforming journey throughout life.	14
	 Discipleship is an intentional, observable process of changing lives through worship, evangelism, fellowship, ministry, 	14
	service, Bible study, and prayer.	14
	• The Holy Spirit initiates and provides power for transformation	
	as believers practice spiritual disciplines.	15

	 Discipleship involves mutual accountability among disciples, encouraging a "Come go with me" attitude. Discipleship with children and students is primarily a responsibility of parents as churches purposefully equip them to disciple their children. Discipleship intersects all of life, applying to every experience in every context—personal and corporate. Discipleship results in new disciples, transformed lives, and new disciple makers. 	16 17 17 18
Step 4:	Identify Your Church's Life Span Spiritual-Development Process Consider a simple process to engage individuals at all age levels to intentionally grow to be more like Christ.	19
Step 5:	 Develop Your Church's Discipleship Process Suggested process elements for implementing a life span spiritual-development plan: Evaluate the spiritual environment for supporting life 	21
	transformation and disciple making. • Create environments for nonbelievers to understand	21
	and respond to truth that will change their lives.	23
	Welcome and nurture new believers.	26
	Encourage a lifestyle of servanthood.Guide believers to find balance in life, indicated by a	28
	whole person who is moving in the right direction.	32

Section 1 Focus on Your Current Discipleship Strategy

What Is Your Understanding of Biblical Discipleship?

Salvation is free, but discipleship will cost you your life.

Dietrich Bonhoeffer

When you hear the word *discipleship*, what thoughts come to your mind? Like other words, it may have lost the significance of its original meaning. In your church do believers tend to think of discipleship as knowing facts about Jesus or following Jesus in a personal, dependent, obedient relationship? Biblically, discipleship is not a program but a process of becoming Christlike and being zealous to see others become disciples also.

The Gospels and the Book of Acts include 260 references to the word *disciple*. Every time the word is used, it refers to a declared relationship with Jesus Christ, not a level of spiritual or religious achievement. Becoming a Christian, in New Testament understanding, was the same as becoming a disciple of Jesus. The word *disciple* in the New Testament, then, refers primarily to any Christian, not to a subdivision of the Christian community. According to Clarence Drummond, a Georgia pastor, to be a Christian is to be a disciple.¹

Scripture teaches three stages in a Christian's life.

- 1. *Justification*. God initiates justification to bring a person into right standing with Him. The person becomes justified in God's sight (see Rom. 5:1) by confessing and repenting of his sin and asking God to atone for it through the blood sacrifice of Jesus Christ. Inherent in the person's declaration of need for God to redeem him from the penalty of sin is also a profession of his desire to follow Jesus as the Lord of his life. This profession begins the second stage.
- 2. Sanctification. This stage describes a believer's journey of faith from justification to the end of his earthly life. Sanctification is the process of becoming mature or more Christlike in one's faith. God wants Christians to learn how to live as He wants them to live (see Phil. 2:12).
- 3. *Glorification*. One day when a believer's earthly life is over, he will be glorified, becoming like Jesus (see 1 John 3:2). The process of discipleship will then be complete (see Phil. 1:6).

Christian discipleship is a lifelong journey of obedience to Christ that spiritually transforms a person's values and behavior and results in ministry in one's home, church, and the world. Dallas Willard, author, professor, and outspoken follower of Christ, said, "We progressively learn to lead our lives as he would if he were we."

After someone becomes a Christian, becoming like Jesus in character and being obedient to Him should be the main objectives in life (see Gal. 5:22-23). John the apostle wrote, "The one who says, 'I have come to know Him,' without keeping His commands, is a liar, and the truth is not in him. But whoever keeps His word, truly in him the love of God is perfected.

This is how we know we are in Him: the one who says he remains in Him should walk just as He walked" (1 John 2:4-6).³ The Christian life ought to be more distinctive than any other type of life.

Jesus Defined Discipleship

Luke 14 records an encounter Jesus had with a crowd of people who were following Him. Perhaps this passage is the most definitive and clearest of Jesus' teachings about discipleship.

Now great crowds were traveling with Him. So He turned and said to them: "If anyone comes to Me and does not hate his own father and mother, wife and children, brothers and sisters—yes, and even his own life—he cannot be My disciple. Whoever does not bear his own cross and come after Me cannot be My disciple.

"For which of you, wanting to build a tower, doesn't first sit down and calculate the cost to see if he has enough to complete it? Otherwise, after he has laid the foundation and cannot finish it, all the onlookers will begin to make fun of him, saying, 'This man started to build and wasn't able to finish.'

"Or what king, going to war against another king, will not first sit down and decide if he is able with 10,000 to oppose the one who comes against him with 20,000? If not, while the other is still far off, he sends a delegation and asks for terms of peace. In the same way, therefore, every one of you who does not say good-bye to all his possessions cannot be My disciple.

"Now, salt is good, but if salt should lose its taste, how will it be made salty? It isn't fit for the soil or for the manure pile; they throw it out. Anyone who has ears to hear should listen!" (Luke 14:25-35).

Jesus stated at least four conditions for becoming His disciple:

- 1. Jesus talked about the priority of a relationship with Him.
- 2. Jesus discussed having the right purpose.
- 3. Jesus told prospective disciples that their commitment must be long-term.
- 4. Jesus stated that disciples must be willing to give up material possessions.

Let's look at each of these conditions and make application for followers of Jesus today.

Discipleship Is Rooted in Relationship

If anyone comes to Me and does not hate his own father and mother, wife and children, brothers and sisters—yes, and even his own life—he cannot be My disciple (Luke 14:26).

Jesus used strange language to describe the priority of a relationship with Him. Identifying the most intimate of human relationships, He told would-be followers they must hate those people if they were to be His disciples. What did Jesus mean by that? It would be inconsistent with the teaching of Scripture if Jesus meant for His followers to despise their families. Jesus used the word *hate* to indicate a lesser degree of devotion. Disciples of Jesus must love Him more than they love any other person, including their immediate families. Disciples' love must be a passionate love that reveals itself in daily life. It is the kind of love that enables disciples to meet the other requirements of following Jesus.

How do we grow in our love for Christ so that it becomes passionate? That type of love is born from time spent together. Jesus modeled for us the intimacy He had with the Father while on earth by making time to be alone with Him. His days were full; yet time with His Father was the focal point of His life each day. For us, it means that our daily schedules will be centered on both planned and spontaneous times of prayer, meditation, and Bible study.

Time with God results in changed thinking and changed behavior. Jesus said His disciples were to be salt and light. Salt and light make a difference when they are applied. Disciples of Jesus are to be distinctive in the way they live. When circumstances are at their worst, Christians ought to be at their best. There is no substitute for time intentionally spent with Jesus to develop intimacy with Him as well as passion for Him.

Discipleship Expresses Itself in Purpose

Whoever does not bear his own cross and come after Me cannot be My disciple (Luke 14:27).

Jesus used this illustration before He experienced His physical death by being crucified on a cross, but He was aware that the Romans used the cross as a means of execution. He was also aware that the cross would be the means of His death in the near future. The cross for Jesus was the means for Him to accomplish the purpose for which He had been born. The purpose of His incarnation was to redeem humankind—to make possible the restoration of a relationship between God and His human creation. Although Jesus modeled such a life and taught His followers how to live in such a relationship, His overarching purpose was to redeem humankind by satisfying the penalty for rebellion against God.

The cross means the same thing for us today. It symbolizes our purpose as disciples of Jesus. Our purpose is not to die for humankind as Jesus did but to die to a self-centered agenda and live to lead people into right relationships with their Heavenly Father. No matter what our livelihood is, our purpose as a disciple of Jesus is to help people know God and to live in fellowship with Him through Christ. Christian disciples should be eager to share their faith experiences with others.

This discipline of the Christian life is perhaps the most difficult because it speaks to the core issue of lordship. We may be willing to do any number of things for Christ, even to sacrifice a great deal, but we want to do it on our own terms. When His purpose becomes our purpose, it means we are also willing to forgo personal freedoms to carry out God's purpose for our lives (see John 3:30).

The Call to Follow Jesus Is Lifelong

Which of you, wanting to build a tower, doesn't first sit down and calculate the cost to see if he has enough to complete it? Otherwise, after he has laid the foundation and cannot finish it, all the onlookers will begin to make fun of him, saying, "This man started to build and wasn't able to finish."

Or what king, going to war against another king, will not first sit down and decide if he is able with 10,000 to oppose the one who comes against him with 20,000? If not, while the other is still far off, he sends a delegation and asks for terms of peace (Luke 14:28-32).

Jesus' call to follow Him is never meant for an interim period of time. It is always an invitation for the person to commit the whole of life for all of life. Often someone fails to maintain the intimacy with Jesus that enables the commitment to continue. As Jesus said, we can lose our saltiness (see Luke 14:34-35). Spiritual sensitivity can keep us from becoming ineffective in our faith practice.

We may be willing to follow Jesus, but we want to choose the conditions for doing so. We have secularized our faith, carving out specific times and places to practice it. It is far too dangerous to allow Jesus to set the parameters. He will ask for more of us and for a much longer period of time than what we have in mind. In Luke 14 Jesus made it clear that He wanted prospective disciples not to make an emotional decision to follow Him that they might renounce after giving it thought. Rather, He wanted them first to consider the cost, then choose to follow Him even though they knew the cost was great and would extend for the rest of their earthly lives.

Following Jesus Is More Important than Material Gain

Every one of you who does not say good-bye to all his possessions cannot be My disciple (Luke 14:33).

If we have made a relationship with Jesus a priority and have committed to His purpose for a lifetime, we must let go of material wealth. Jesus declared that nothing in life can take the place designed for Him. Things can become gods as easily as people can. If Jesus does not allow people to assume God's place, neither will He allow material possessions to (see Matt. 6:24).

Scripture teaches that God is the owner of all possessions (see Ps. 24:1) and that humankind is only a steward charged with their care. Even the church's teaching on tithing is sometimes misunderstood. Some believe that if they give a tithe of their income back to God, the remaining 90 percent is available to be used any way they choose. The reality is that all belongs to God, and a Christian is responsible for using all 100 percent in a way that glorifies God. The tithe is just the prompter.

Biblical discipleship involves following Jesus rather than adhering to a moral code. Although the task seems daunting, it is life at its very finest. Jesus said, "A thief comes only to steal and to kill and to destroy. I have come that they may have life and have it in abundance" (John 10:10). Jesus is not just the giver of abundant life. He desires that all people experience it (see 2 Pet. 3:9). However, it is found only in following Him. The good news is that Jesus enables even the following if someone in faith chooses to do so. That is the work of the Holy Spirit, who comes to indwell the believer at the moment of expressed trust in Jesus' atoning death for him. God Himself is at work in the believer's life to manifest His grace and goodness (see Phil. 2:13). He prompts someone and even arranges circumstances to enable the person to do what He desires, but He never forces or manipulates the person. He always allows the individual to make the decision to follow Him.

Foundational Tenets of Christian Discipleship

Listed below are some core foundations of biblical discipleship. Though not exhaustive, this list highlights what Scripture teaches about what it means to be a follower of Christ.

- 1. Christian discipleship is the ongoing transformation of an individual's becoming like Jesus in character and purpose as he grows in intimacy with Him (see Matt. 5:48; Eph. 4:13-15; Phil. 2:5).
- 2. Christian discipleship addresses every dimension of life. It is concerned not only with doing the right thing in every circumstance but also with doing the right thing for the right reason (see Phil. 1:27).
- 3. Christian discipleship is progressive in nature. When someone stops growing in intimacy with Christ, he ceases to be healthy in his discipleship (see John 15:4).
- 4. Christian discipleship is a work of grace. It is the Holy Spirit who transforms life, not someone who tries to be good. The term *disciplined grace* describes this process. While God transforms, a believer's spiritual practice creates the transforming environment in which the Holy Spirit works (see Phil. 2:13; 1 Tim. 4: 7-8).
- 5. Christian discipleship always manifests itself in ministry to others. Every Christian has been spiritually gifted for the purpose of service (see 1 Pet. 4:10).
- 6. Christian discipleship was intended by Christ to be reproductive. Those who follow Jesus' life and teaching will be prepared to eagerly share their faith experiences and to invest themselves in the spiritual nurture of others (see Matt. 28:18-20; 2 Tim. 2:2).
- 7. Christian discipleship is centered in the life of a local church, where the fellowship of other disciples encourages, teaches, and safeguards the believer's discipleship process (see Heb. 10:24-25).

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^{1.} Clarence Drummond, in remarks given during a Georgia Baptist Convention conference.

^{2.} Dallas Willard, The Great Omission (New York: HarperCollins Publishers, 2006), 166.

^{3.} All Scripture quotations in this guide are taken from the Holman Christian Standard Bible*, copyright © 1999, 2000, 2002, 2003 by Holman Bible Publishers. Used by permission.

What Does Discipleship Look like in Your Church?

What do your church schedule and calendar say about your church's discipleship process? What takes place during each activity on the calendar?

- What do people get out of participating in each activity?
- Are people enjoying times of fellowship?
- Are people studying the Bible together?
- Are people learning from one another as they apply Bible truths to their everyday lives?
- Are parents using teachable moments to disciple their children?
- Are people serving God in meaningful ways in their church, workplaces, schools, homes, and communities?
- Are people sharing their faith stories with those who have not accepted Jesus as their Savior and Lord?

You will also consider other questions as you evaluate all your church is doing to make disciples.

How Does Your Church Make Disciples? How would you describe the way your church makes disciples? Life-application Bible study during Sunday School, through-the-week Bible studies, and other small groups Program on Sunday and/or Wednesday evenings Discipleship process Person-to-person process Missions Ministry opportunities Evangelism Other: Describe the way your church makes disciples. Who Does Discipleship in Your Church? Who are the persons involved in your church's discipleship actions? Does the biblical view of discipleship affect whom you list as disciple makers?

Section 2 Focus on Your Future Discipleship Strategy

If you have answered the questions on page 10, you should have a basic understanding of your current discipleship actions. Now let's consider how you can develop an intentional discipleship strategy for your church. This tool is organized around five steps for developing your church's discipleship strategy. You and others in your church can use this tool to develop a unique discipleship strategy that meets the needs of your church family. What are you willing to do now? You may want to organize a discipleship ministry team to develop a process that fits the culture and needs of your people. Your goal is to discover God's special plan for your church. Ultimately, your church process will involve everyone in your church and beyond in a personal process of maturing in their faith.

Step 1

Conduct a Prayer Retreat with Persons Who Will Develop Your Church's Discipleship Strategy and Process

This retreat might take place on a day when the team gathers for focused prayer. If a retreat is not possible, schedule a period of time when the team prays for God's guidance in the development steps. Prayer preparation for the work to be done in developing your church's discipleship process will play a significant part in the results of your work.

Retreat planning team:
Location:
Retreat theme:
Retreat date:
Participants:
Location arrangements:
Meals:

Step 2

Craft Your Intentional Discipleship Strategy

Let's get started! How would you explain the big picture of disciple making through your church? Does your explanation identify the range of choices that fall under the discipleship umbrella? In some ways the range is extensive, while in other ways it is limited. Your church's disciple-making capacity totally depends on God's wisdom, guidance, and power. Prayerfully consider the following points as stepping-stones to crafting your church's intentional discipleship strategy.

What?

Discipleship is a partnership between God and the congregation, families, and individuals helping people become obedient followers of Jesus Christ.

- This partnership is driven by God's Holy Spirit, who empowers the congregation and individuals to carry out His Great Commission and Great Commandment.
- God wants His disciples to recognize that they are His followers and to help others become followers of Jesus Christ.
- The fruit of His followers' lives is seen in the way they live—loving, kind, peaceful, good, gentle, faithful, controlled, patient, and joyful (see Gal. 5:22).

Why?

Jesus clearly explained what He wanted His followers to do when He left His earthly ministry to them. The Great Commission continues to be the hub of everything believers do today:

Go, therefore, and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe everything I have commanded you. And remember I am with you always, to the end of the age (Matt. 28:19-20).

Jesus also challenged His followers to do everything through love for one another. The Great Commandment continues to set the environment for everything believers do today:

I give you a new commandment: love one another. Just as I have loved you, you must also love one another. By this all people will know that you are My disciples, if you have love for one another (John 13:34-35).

Who?

All disciples are disciple makers, including parents, Sunday School teachers, sports-team coaches, choir leaders, small-group facilitators, and others.

- Disciples of Jesus Christ help others create a new identity in Christ (be); renew their minds to think like Jesus (know); and empower a lifelong relationship of love, trust, and obedience (do) to glorify God (see Prov. 3:5-6; Matt. 22:37; 28:20; Rom. 12:2; 2 Cor. 5:17; Eph. 4:23; Col. 3:2).
- A discipleship ministry is recommended to coordinate and administer intentional
 discipleship actions. A ministry team representing the various age levels carries out
 the important roles of equipping disciples to grow deeper in their relationship with
 Jesus and of equipping themselves to serve Him.

Where?

Discipleship takes place in the hearts and minds of believers as they live their lives in homes, in schools, in workplaces, in communities, in churches, and on the Internet. Discipleship takes place in church buildings and beyond—wherever believers allow God to work in their lives.

When?

Discipleship happens every day—from the beginning of life through eternity, when disciples see Jesus in heaven. Disciple making is a lifelong endeavor for individual believers and churches.

Prayerfully answer each of the previous questions for your church's intentional discipleship strategy. Your answers to these questions will become an easy-to-understand description of your church's discipleship strategy. Record your description below.

	Discipleship-Strategy Description
Name of your c	nurch
What?	
Why?	
Who?	
Where?	
When?	
VV IICII;	

Step 3

Establish Guiding Principles for Developing Your Church's Discipleship Strategy

As you answer the how question, consider the following suggested principles for developing a discipleship strategy for your church. These principles will serve as a foundation for your discipleship process or course of action.

Salvation assumes personal surrender to the lordship of Jesus Christ and a transforming journey throughout life (see Mark 8:34; Luke 9:23; Rom. 10:9). Have believers in your church had genuine experiences of surrendering their lives to the lordship of Jesus Christ? Are they on journeys with Jesus that are changing every part of their lives? As you develop your disciple-making process, observe the lives of believers. Ask them questions about their journeys. Talk with them about their relationships with the Lord. Most likely, you will find that believers are maturing in their personal surrender to Jesus Christ as the Lord of their lives, but their families or careers continue to be the center of their lives. Smallgroup studies and other discipleship experiences can be opportunities for God to draw individuals to an act of surrender and a process of transformation.

As you think about your future discipleship strategy, identify actions God could use to draw believers to surrender and transformation.					
				 	

Discipleship is an intentional, observable process of changing lives through worship, evangelism, fellowship, ministry, service, Bible study, and prayer (see Acts 2:42-47; 2 Cor. 5:17). The purpose of making disciples characterizes every action of your discipleship ministry, resulting in changed lives. To engage disciples in the process of changing their lives to become more like Christ, the following life span spiritual-development process is recommended.

A Life Span Spiritual-Development Process

- Childhood—hear, know, do
- Student—know, own, known
- Adult—connect, grow, serve, go

This process is depicted in detail in the chart on pages 19–20. All of your discipleship-ministry actions can be organized by the process you develop for your church family.

The resulting life changes can be observed. Behavioral changes in believers' lives may include—

- being prepared for genuine worship and Bible study;
- sharing their faith stories as they cultivate authentic relationships with nonbelievers;
- associating with people beyond their comfort zones or cliques;
- using their spiritual gifts, passions, and abilities in significant ways;
- sharing their prayer experiences with one another.

•	As you think about your future discipleship strategy, identify actions you could take to make discipleship an intentional, observable process in your church.				

The Holy Spirit initiates and provides power for transformation as believers practice spiritual disciplines (see John 6:63; 16:13; Eph. 5:18; 2 Thess. 2:13; 2 Tim. 1:7). When disciples practice spiritual disciplines, they open their lives to the work of the Holy Spirit, and the result is spiritual transformation. Transformation follows a biblical pattern that can be described in three simple words: be, know, and do.

The Biblical Pattern of Transformation

Be Be refers to who a disciple becomes at conversion as a child of God and who he or she is becoming through the indwelling Spirit's work of dynamic renewal. A disciple needs help to evaluate the progress of personal transformation. In attitudes of the heart and actions of daily living, does the disciple look more like Christ?

Know *Know* focuses on what the disciple learns about God. This learning comes through studying His Word, seeing His Work, and hearing His voice. Knowing God more completely provides fuel for ongoing transformation. As the disciple studies God's Word, sees His Work, and hears His voice, is knowing God all there is to the experience of transformation?

Do Do describes what the disciple does in response to what he knows about God and who He is. God expects obedient actions. As the disciple responds, is servanthood done with a serving heart?

These three transformational elements are interdependent actions. In isolation no single action has the ability to produce Christlikeness in a disciple. Together they serve as catalysts for a work of God that changes the disciple from the inside. The interaction of these transformational elements results in a world-changing mission.

Spiritual disciplines are actions that disciples take to grow in Christlikeness. Examine the following lists of disciplines.

Adult Spiritual Disciplines Abide in Christ. Pray in faith. Live in the Word. Fellowship with believers. Minister to others.	Student Spiritual Disciplines • Lordship • Disciplines • Character • Discernment • Relationships	Childhood Spiritual Disciplines • Learn and love God's Word. • Live godly lives and grow as Christians. • Prepare to lead in the
Witness to the world.	RelationshipsInfluence	next generation.

By providing disciples with specific spiritual disciplines to focus on during their spiritual journeys, churches and families make discipleship concrete and possible. With their small discipleship groups and discipleship partners, disciples can both learn about and practice the disciplines.

As you think about your future discipleship strategy, identify actions you could take to engage believers in practicing spiritual disciplines.				

Discipleship involves mutual accountability among disciples, encouraging a "Come go with me" attitude (see Rom. 1:12). Do believers in your church need mutual accountability with others in order to move forward on their spiritual journeys? By having an individual or a small group along to make the journey, a disciple is challenged to stay the course and become more and more like Christ. Small discipleship groups play a major role in fostering mutual accountability among disciples of all ages. Life experiences reach deeper levels through a "Come go with me" attitude.

Discipleship with children and students is primarily a responsibility of parer purposefully equip them to disciple their children (see Deut. 6:4-9; 11:19). your church taking responsibility for discipling their children, or do they the church for you to disciple their children? Biblically, both parents and your church to equip them to disciple children and students. Both parents need to understand the learning styles, characteristics, and needs of today's students. Teaching methods for church and for home are important tools f and parents to master. Some equipping actions might bring parents and tea in church and home partnerships; other equipping actions target parents or only. Both parents and teachers need to observe effective models as they discipling approaches with children and students.	Are parents in bring them to teachers needs and teachers children and for all teachers chers together hely or teacher develop their
As you think about your future discipleship strategy, identify actions take to equip parents and teachers to disciple children and students.	you could

Discipleship intersects all of life, applying to every experience in every context—personal and corporate. In your church are families and individuals experiencing personal difficulties? God has wired human beings of all ages with a desire to learn throughout life. This desire is manifested when they face a life crisis or have a need. The intersection of God's love and everyday life is the context for personal and corporate disciple making.

Church leaders and parents can capitalize on these teachable moments with all age levels. For example, emerging adults are establishing their personal identities. They are drawn to church opportunities that guide them in setting this identity. The same sort of teachable moments can be identified for each age level.

	n the lives of families, adults, students, and children, along with ways h can facilitate their spiritual maturity through these experiences.
11:19-30). The of Jesus Chris addition, God ciples through disciples close Only at that po	salvation experience is a new birth by which a seeker becomes a new disciple t. Therefore, evangelism plays a strategic role in making new disciples. In uses discipleship processes and strategies to transform the lives of His distout their lives. Each step and each experience on the journey brings His r to Him until the day when they fully know Him and see Him in heaven bint are Jesus' disciples fully mature in Him. Ink about your future discipleship strategy, seek and listen to faith ways God has transformed the lives of people in your church. Identify
names of d	isciples you will ask to tell their stories.
These suggeste to help you an suggested prin	ed principles and the description of your discipleship strategy are designed your team set the stage for an intentional discipleship process. All of the aciples may not fit the needs of your church family. You may also wish to add
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Step 4

Identify Your Church's Life Span Spiritual-Development Process

As mentioned in principle 2 (Discipleship is an intentional, observable process of changing lives through worship, evangelism, fellowship, ministry, service, Bible study, and prayer), a process for individuals to follow is important to your disciple-making strategy. This process engages individuals in actively changing their lives to be more like Christ. Adults are encouraged to connect, grow, serve, and go. Students are involved in the process of know, own, and known. Children learn how to actively hear, know, and do. Use the ideas in the following chart as stepping-stones to a process you can use to involve your church family in life-changing spiritual disciplines.

A Life Span Spiritual-Development Process

Age Level	Spiritual Development	Spiritual Disciplines
Childhood	HEAR God's Word	Learning opportunities that help boys and girls live godly lives and grow as Christians
	KNOW God's Word	Learning opportunities that help boys and girls learn and love God's Word
	DO God's Word	Learning opportunities that help boys and girls prepare to lead in the next generation
Student	KNOW Jesus: Upward Development Matthew 22:37	 Lordship: Learning opportunities that help students recognize and respond to the lordship of Christ Disciplines: Learning opportunities that help students practice spiritual disciplines
	OWN Their Faith: Inward Development Matthew 22:37	 Character: Learning opportunities that help students develop and demonstrate Christ's character Discernment: Learning opportunities that help students make wise decisions
	Make Their Faith KNOWN: Outward Development Matthew 22:39	Relationships: Learning opportunities that help students develop godly relationships Influence: Learning opportunities that help students make an intentional impact on others

Age Level	Spiritual Development	Spiritual Disciplines
Adult	CONNECT with an Open Heart Mark 12:29-31	Fellowship with Believers: Learning opportuniti es that help adults understand the nature of the church as the body of Christ, build effective relationships, and understand themselves and others Pray in Faith: Learning opportunities that help adults learn about biblical prayer, develop an effective prayer life, and build a ministry of prayer
	GROW in Body, Mind and Spirit Romans 12:2	 Live in the Word: Learning opportunities that help adults learn to study God's Word, understand how the Bible came to be, explore biblical truth for life issues, and apply biblical truth to daily life Abide in Christ: Learning opportunities that help adults learn about the nature of the Christian's relationship with Christ, the character of Christ, the adult's identity in Christ, what it means to abide in Christ, and how to have a personal quiet time
	SERVE with Willing Hands 1 Peter 4:10-11	Minister to Others: Learning opportunities that help adults identify personal spiritual gifts, interests, and natural abilities; grow in leadership ability; build effective skills for ministry; facilitate small groups for ministry care; and learn to disciple others
	GO with Ready Feet Matthew 28:19-20	Witness to the World: Learning opportunities that help disciples share their faith stories, witness in a variety of situations, develop a mission worldview, and lead others to share the good news

LifeWay Christian Resources provides a variety of resources for children, students, and adults to use in discipleship. At the end of each element in the following suggested church discipleship process, you will find a list of resources to help you carry out that element. These resources are organized by a suggested life span spiritual-development plan—for adults (connect, grow, serve, go); for students (know, own, known); and for children (hear, know, do). Within the age-level categories, the resources are further identified according to selected spiritual disciplines for each age level. These selected disciplines represent the many disciplines that are found in the Bible. The purpose of these categories is to help you develop a balanced set of small-group and mentoring opportunities for your church family as part of your discipleship process.

Step 5

Develop Your Church's Discipleship Process

Now what about your church's process for making disciples? Based on your discipleshipstrategy description, the principles for your strategy, and your life span spiritualdevelopment plan, you are ready to put together your church's discipleship process. The following suggested process is merely a stepping-stone to discussion as you and your team develop a process that your discipleship ministry will align to and focus on as your church sets the stage for individuals to grow spiritually.

This suggested process framework involves five elements that you can use to bring the strategic principles to life and set the stage for spiritual growth. These elements serve as stepping-stones on your discipleship path that you can use to construct your own discipleship process that allows your church to intentionally make new disciples and equip disciples to become followers of Jesus Christ. Your church will craft its own way to assemble these elements and plan these actions. These elements are not linear; they do not have to be done in a certain order. Use them in ways that will be effective for your church family. You will have terms that will communicate with your believers. As always, pray that God will be the draftsman and the power behind your process.

Suggested ways to construct your discipleship process:

- Smaller churches should have one team to develop the five elements. Larger churches
 can enlist a team to be responsible for each process element, for a total of five teams.
 A sixth team made up of the five leaders would bring the five strategies into an
 overall process.
- Each team builds a strategy for its assigned element, including a variety of approaches—for example, conferences, ongoing classes, and other learning opportunities.
- Each team studies all the principles as well as the elements to understand the process as a whole before beginning its work.
- Each team considers the following questions: What is the current status of our discipleship process in regard to our assigned element? What do we need to do to make progress? What resources do we need? How inclusive should our promotion be to continually inform the church about the discipleship process?
- To test your discipleship process, develop a way to target the elements toward individuals.
- Annually review where your discipleship process is taking your church.

Following are the five suggested process elements for implementing a life span spiritual-development plan.

Evaluate the spiritual environment for supporting life transformation and disciple making (see Luke 4:28-30; 4:44; 5:17; 5:27; 6:1,6,12; 7:1,11-12,36; 8:1,4,26; 9:51; 10:1; 15:1; 17:11; 18:9,15,18,35; 19:45; 20:27). For many church families, life transformation and disciple making are hindered by unspoken and ignored church issues as well as by open conflict in the fellowship of believers. You may want to assign a special task force to conduct the evaluation and assessment. The following actions are suggested to help your church family identify barriers to life transformation and disciple making and deal with them through God's grace. These actions include internal and external investigations.

The internal investigation begins with corporate prayer. The entire church family will participate in the internal actions, so everyone will need to be informed about the assessment that will be conducted over a period of time. Ask them to pray for God's guidance in the assessment. The internal investigation may include the following suggested areas of assessment and questions.

Assessing the Internal Spiritual Environment

- 1. Assess the spiritual maturity of church members.
 - Where is character shaped and correction given?
 - What are the expectations of new members—for the church and from the church?
 - How do you hold people accountable for their spiritual growth?
- 2. Evaluate the church's mission, vision, and goals.
 - How do we reach people for Christ?
 - How do we develop people spiritually?
 - What is the primary purpose of small groups?
 - How is our discipleship process clearly defined by leaders and members of the church?
 - Does our discipleship process have sequential steps that cause people to move to greater areas of commitment?
 - Are all the ministries and staff members aligned with our discipleship process?
 - What is God calling us to do?
 - How do we plan to get there (vision)?
- 3. Analyze the spiritual lives of church leaders.
- 4. Assess the spiritual strongholds in the church family.

The internal analysis may reveal the need to heal the heart of your church through relationship-building actions. You may discover barriers that are keeping your church from effectively making disciples.

The internal investigation analyzes the culture of your church, which is your unique identity and style for being God's family in your community. An external investigation will reveal what people outside your church think about your church. Your church family needs to bathe the external investigation in prayer. The same task force or a related task force might carry out these investigative actions. These include identifying demographics, geocoding, assessing your church's reputation in the community, and acquiring other information. Possible questions include:

Assessing the External View of Your Church

- How do we equip disciples for ministry inside and outside the walls of our building?
- How do we relate to and multiply our influence in our community and in the world?
- What specific forms of social and spiritual darkness seem to be strongholds in our community?
- What conditions contribute to spiritual darkness in our community?
- What truth unlocks and frees people who exist in spiritual darkness in our community?

The combined results of the internal and external investigations will give your church family a comprehensive view of its spiritual condition. To avoid overwhelming your church leaders and members, gradually interpret the assessment results by reporting useful bits of information over a period of time.

As conclusions are drawn about your church's spiritual environment, encourage your church family to accept the realities about your church. To act on what is learned, your pastor and ministry leaders must examine their own hearts to determine whether they are ready to lead the church from its current state to future growth. Through sermons and church-family gatherings, paint the positives and the negatives. With these realities and the spiritual environment of the church in mind, involve various teams in defining and interpreting anticipated ministry results, including people coming to Christ and serving Him. Most likely, you will find that various ministries need retooling to implement your intentional discipleship strategy.

Suggested Resources for Evaluating Your Church's Spiritual Environment

The Kingdom-Focused Church (item 001199662)
Mapping Your Church Strategy (item 001212345)
Simple Church: Returning to God's Process for Making Disciples (item 001303826)
Spiritual-Growth Assessment Tool (www.lifeway.com/discipleship)

Create environments for nonbelievers to understand and respond to truth that will change their lives (see Matt 9:13; John 14:6; 8:31-32; Rom. 5:8). What are the entry points into the life of your church for the lost and unchurched? Do your worship services, Sunday School classes and departments, and small groups play strategic roles in creating an environment that enables nonbelievers to understand and respond to the truth about Jesus Christ? Are they open for unchurched persons to participate at any time? Is an accepting and loving environment evident that is attractive to those who are unchurched and those are far from God? A church has many touch points, places to connect with unsaved persons. Do all of these touch points lead people to opportunities to accept Christ and to enter the discipleship process? Are the church's efforts intended to get people to come to the church or to reach out and connect with them where they live? A suggested second element for your discipleship process is found in the answers to these questions. That element is evangelism. Here are a few suggestions for creating an environment in which nonbelievers can understand and respond to Jesus Christ.

- Demonstrate loving, nurturing, and accepting attitudes. Your church may already have an environment that welcomes and encourages nonbelievers to experience the good news and to surrender their lives to Jesus Christ. Does this environment demonstrate loving, nurturing, and accepting relationships and attitudes? Lost people will be drawn to Jesus and your church family because of believers' love for one another and God's eternal love expressed through Jesus Christ. When believers are growing in their faith in Jesus Christ, they will have a loving, nurturing, and accepting attitude toward nonbelievers. Everything you do to disciple believers will draw nonbelievers to Jesus and your church family.
- Employ evangelism tools and venues. Churches use a variety of evangelism tools and venues to attract unchurched people to their loving, nurturing, and accepting environments. FAITH Evangelism is a dynamic process that trains Sunday School classes and small groups to go to the lost, bring them into their groups, cultivate relationships with them, and lead them to Jesus. Share Jesus Without Fear equips believers to openly share their faith stories with lost people as they go. Does every

- event and activity that your church family conducts through the year offer open, ongoing opportunities to accept Jesus Christ as personal Savior?
- Reach church members' children. Churches have a responsibility to love, nurture, and accept children and students who are members of families in the church. Parents and age-level ministry leaders play important roles in reaching children and students in your church. The role of teachers at church must be balanced by encouraging and equipping parents to create the same kind of environment in the home—one that nurtures loving, accepting relationships and attitudes. Does your church spend equal energy and effort on training both teachers and parents of preschoolers, children, and students? As age-level ministries develop their ministry strategies, create age-appropriate and family-friendly discipleship opportunities.
- Equip parents as disciple makers. Age-level ministries need to work together to support and train parents as disciple makers. Together encourage and develop strong emphases on family devotional time, training, worship, and ministry involvement. Through your church's equipping actions, parents learn and understand how their preschoolers, children, and students develop spiritually. They observe the way an age-level ministry provides spiritual instruction and makes a transition to the next age level. They should see continuity between church actions and the spiritual instruction they are providing at home.

Suggested Resources for Creating Environments for Lost and Unchurched People to Personally Experience Jesus Christ and Salvation

Adults



Connect

Pray in Faith

The Search for Significance Workbook (item 001244374) 8 sessions



Grow

Live in the Word

When Worldviews Collide (item 001274629) 8 sessions

Abide in Christ

Growing Disciples: Abide in Christ (item 001316387) 6 sessions Walking by Faith: Lessons Learned in the Dark (item 01220714) 7 sessions



Serve

Minister to Others

Creative Correction (item 001288168) 7 sessions
Effective Parenting in a Defective World (item 001266217) 9 sessions
The Five Love Languages of Children (item 001052539) 6 sessions
The Five Love Languages of Teenagers (item 001209397) 6 sessions



Go

Witness to the World

The Acts 1:8 Challenge: Empowering the Church to Be on Mission (item 001244609) 6 sessions

Baptist Adults ongoing curriculum* (13 sessions per quarter) Basic Training for Mission Teams (item 001313418) 7 sessions DecisionTime: Commitment Counseling (item 000116671) 6 sessions

Effective Evangelistic Churches (item 001125606)

FAITH Evangelism 1 Leader Kit (item 005108885) 12 sessions

Leading a Child to Christ (DVD-ROM) (005125104) 1 session

Fresh Encounter Leader Kit (item 001117264) 4 sessions

Learning to Share My Faith (Item 001117238) 6 sessions

On Mission with God (item 001114351) 8 sessions

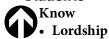
Outreach Teams That Win: GROW Kit (item 001116557)

Preaching Evangelistically: Proclaiming the Saving Message of Jesus (item 001289923)

Share Jesus Without Fear Leader Kit (item 005035520) 4 sessions

To the Ends of the Earth (item 001307533) 9 sessions

Students



Life Connections: Essential Truth (item 001274827) 13 sessions

Life Connections: The Embraceable Mystery ... God (item 001273408) 6 sessions

Vital Truth: Salvation (item 001051019) 4 sessions Vital Truth: Jesus (item 001050949) 4 sessions

Disciplines

An Awesome Way to Pray (item 001052547) 8 sessions Vital Truth: Prayer (item 001051018) 4 sessions



Own

- Character
- Discernment

Life Connections: Vital Pursuits (item 001274829) 13 sessions



Known

- Relationships
- Influence

Share Jesus Without Fear: Students Reaching Students (item 001052535) 5 sessions Vital Truth: Witnessing (item 0010500956) 4 sessions

Childhood



Hear

Grow as Christians

ABCs of Becoming a Christian (HCSB, item 005125105; KJV, item 005125106) Taking the First Steps: Joining Children on Their Spiritual Journey Tracts (item 001201861)



Do

Prepare to Lead the Next Generation

Leading a Child to Christ (booklet, pkg. 25; item 005147983) Leading a Friend to Christ (DVD; item 005125104) 1 session Welcome and nurture new believers (see Eph. 4:14-16; Phil. 3:15; Heb. 6:1). Do new believers in your church family find the help they need to begin their spiritual journeys with Jesus Christ? Do they have opportunities to study the Bible with mature believers in Sunday School, cell groups, and small groups? Do they have the opportunity to be mentored by a mature disciple? Are they able to use their spiritual gifts, passions, talents, and abilities in meaningful ways to minister and grow? These questions and others can help you evaluate your new-believer strategies. Here are a few suggestions to help your church welcome and nurture new believers.

- Give new believers a good start. When lost people make professions of faith, immediately begin the process of welcoming and nurturing new believers in their new relationship with Jesus Christ and their new church family. Individual actions, including mentoring, spiritual direction, and one-to-one study, provide tools for shaping new believers. A mentoring relationship between a new believer and an experienced believer is an excellent way to immediately meet the needs of a new believer and begin the journey of spiritual transformation. Just as the first months of life for a newborn are crucial to the rest of his development, the first few months of the spiritual journey are vital to the growth of a healthy disciple of Jesus Christ.
- Provide small-group learning opportunities for new believers. In addition to relating to a mentor, new believers need to build relationships with other believers in a group setting. Small-group learning opportunities that involve new believers and experienced believers can set the stage for these nurturing relationships. Together they can study the Bible in Sunday School classes and enjoy fellowship with growing believers. Encourage new believers to participate in through-the-week small groups that enrich their journey of spiritual transformation. These small groups intentionally deepen new members' understanding of God's Word and give them opportunities to hold one another accountable for surrendering their lives to the lordship of Jesus Christ in their everyday lives.
- Equip new believers to share their faith. Because most new believers have many relationships with nonbelievers, they need opportunities to learn how to tell their personal faith stories with their friends and family members who have not been saved. Their enthusiasm for their new Savior and Lord will drive their desire for their friends and family to know Jesus too. Your church family will want to prayerfully encourage them as they share what Jesus has done in their lives. One way to encourage new believers to share their faith is to involve them in the FAITH Evangelism process, which will equip them to intentionally reach their friends and families for Christ. Another effective process is Share Jesus Without Fear.
- Provide new-member orientation. New believers greatly benefit from a church's new-member-orientation process. Here the church engages new believers with mentors, Sunday School classes, and small groups. New believers gain a biblical understanding of basic Christian beliefs and spiritual disciplines that equip them to begin living and growing as Christians. They also identify their spiritual gifts, experiences, relationships, vocational skills, and enthusiasm for specific areas of ministry in which the Lord may want them to be involved.

Through new-member orientation, mentoring, Sunday School, and small-group experiences, the goal is 100 percent involvement of new believers in the ministry of your church and beyond.

Suggested Resources for Welcoming and Nurturing New Believers

Adults



Connect Fellowship with Believers

Survival Kit: Five Keys to Effective Spiritual Growth (item 001117191) 6 sessions Your Life and Your Church (item 001114629) 7 sessions

· Pray in Faith

Taking the Next Step: A Guide for New Church Members (item 001117161) 4 or 5 sessions



Grow

Live in the Word

Basics for Baptists (item 001115995) 8 sessions The Baptist Faith and Message (item 005035536) 6 sessions God's Transforming Word: How to Study Your Bible (item 001114641) 9 sessions Step by Step Through the New Testament (item 001116311) 13 sessions Step by Step Through the Old Testament (item 001116311) 13 sessions

· Abide in Christ

Living Your Christian Values (item 001116004) 7 sessions My Identity in Christ (item 001116684) 12 sessions



Serve

Minister to Others

The BodyLife Journey: Guiding Believers into Ministry (item 001114623)

Students



Lordship

Experiencing God: Knowing and Doing the Will of God, Youth Edition (item 001274723) 9 sessions

The Mind of Christ, Youth Edition (item 001052444) 12 sessions

My Identity in Christ Student Edition (item 001051020) 6 sessions

Souled Out (item 001244959) 6 sessions

Student Survival Kit: An Essential Guide for New Christians

(item 005035497) 11 sessions

Vital Truth: Holy Spirit (item 001050981) 4 sessions

Vital Truth: Lordship (item 001050980) 4 sessions

Vital Truth: Trinity (item 001050952) 4 sessions

Disciplines

Basic Student Discipleship: Essential Tools for Spiritual Growth (item 001182920) 8 sessions

DiscipleHelps (item 001244528) 3 months

How to Study the Bible (item 001222598) 4 sessions

MasterLife, Student Edition (item 001052530) 12 sessions

A Student's Guide to Studying the Bible (item 001050931) 6 sessions

Vital Character: Generosity (item 001274838) 4 sessions

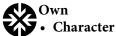
Vital Skills: How to Pray Using Scripture (item 001244815) 4 sessions

Vital Skills: How to Have a Quiet Time (item 001209401) 4 sessions

Vital Truth: Spiritual Disciplines (item 001050931) 6 sessions

Vital Truth: Scripture (item 001050950) 4 sessions Vital Truth: Worship (item 001050983) 4 sessions

When God Speaks, Youth Edition (item 001117214) 6 sessions



Standing Tall When Tempted (item 001050932) 6 sessions Vital Character: Holiness (item 001274834) 4 sessions Vital Character: Peace (item 001274836) 4 sessions Vital Character: Honesty (item 001274837) 4 sessions Vital Character: Humility (item 001274843) 4 sessions Vital Character: Patience (item 001274845) 4 sessions Vital Character: Joy (item 001303877) 4 sessions

Vital Character: Gentleness (item 001303879) 4 sessions Vital Character: Hope (item 001303880) 4 sessions Vital Character: Love (item 001303881) 4 sessions Vital Character: Kindness (item 001303885) 4 sessions Vital Character: Faithfulness (item 001303886) 4 sessions

Discernment

How Now Shall We Live? Student Edition (item 001050930) 8 sessions Life Connections: Critical Decisions (item 001208804) 13 sessions Vital Skills: How to Defend Your Faith (item 001222599) 4 sessions Vital Skills: How to Respond to Culture (item 001222603) 4 sessions

Vital Truth: False Teachings (item 001050957) 4 sessions



Relationships

Vital Character: Forgiveness (item 001303887) 4 sessions Vital Skills: How to Develop Unity (item 001244813) 4 sessions

Vital Skills: How to Have Accountable Relationships (item 001209402) 4 sessions

Vital Truth: Church (item 001050989) 4 sessions Vital Truth: Fellowship (item 0013038951) 4 sessions

Influence

Jesus on Leadership (item 001052573) 6 sessions

Childhood



Know

Learn and Love God's Word

I'm a Christian Now! Leader Kit (item 001209904) 4 sessions

Encourage a lifestyle of servanthood (see Matt. 20:26; Gal. 5:13; 1 Pet. 4:10). Are you challenging both new believers and growing believers to think of themselves as servants to Jesus Christ and other people? Do believers have opportunities to grow and become followers of Jesus Christ through a sense of servanthood in every component of their lives? How do you hold yourself accountable for servanthood? How have you used your spiritual gifts, talents, passions? Here are some suggestions for encouraging servanthood in your church members.

- Teach the biblical mandate of servanthood and character. One form of encouragement comes by fostering an understanding of the biblical mandate of servanthood and character. Repeated studies of Galatians 5 and 2 Peter 1:5-9 in sermons, Sunday School curriculum, and small-group equipping studies will deepen this understanding and lead believers to apply this mandate to their everyday lives.
- *Develop a vision statement*. A strategic way to teach believers to be intentional about serving Christ is to develop a God-given vision for your church family. This vision reflects movement toward deeper levels of commitment to God. A cruise through church Web sites will give you many samples of vision statements. For assistance in developing a vision statement, consult the book *Mapping Your Church Strategy* (item 001212345).
- Encourage growth through spiritual disciplines. When disciples are engaged and challenged to be servants, they have opportunities to practice spiritual disciplines. Spiritual disciplines help disciples grow in Christlikeness. By providing disciples with specific spiritual disciplines to focus on during their journeys of spiritual transformation, your church can make discipleship concrete and doable. When disciples practice spiritual disciplines, they open their lives to spiritual transformation.
- *Identify spiritual gifts, passions, skills, and abilities.* Servanthood also involves disciples in identifying their spiritual gifts, passions, skills, and abilities. Small-group learning opportunities guide them to discover and foster a sense of accountability for all God has given them. An assessment of spiritual gifts, passions, skills, and abilities can help individual disciples understand themselves and can help your church understand how God has gifted your church family for ministry. An online spiritual-gifts assessment can be found at *www.lifeway.com*. Click on the ministry tab, then downloads, then book supplements.

Suggested Resources for Encouraging Servanthood

Adults



Connect

Fellowship with Other Believers

Conversation Peace: The Power of Transformed Speech (item 001114551) 7 sessions Faithful and True: Sexual Integrity in a Fallen World (item 001114263) two 6-session studies

The Family's Heart (item 001316389) 10 sessions

Heart Friends: Beginning and Maintaining a Small Accountability Group (item 001269683) 4 sessions

InTransit: What Do You Do with Your Wait? (item 005035539) 6 sessions

Loving Well (item 001310905) 4 sessions

Making Love Last Forever (item 001117205) 12 sessions

MasterLife 4: The Disciple's Mission (item 001116287) 6 sessions

Men Are like Waffles; Women Are like Spaghetti (item 005035493) 7 sessions

Men's Fraternity: The Great Adventure (item 001260515) 20 sessions

Men's Fraternity: Winning at Work and Home (item 001274718) 16 sessions

Mom to Mom: Heart Talk on What Really Matters (item 001301874) 12 sessions

Mom to Mom: Growing Together (item 005035495) 16 sessions

Parenting by Grace: Discipline and Spiritual Growth (item 001117272) 10 sessions

Raising a Modern-Day Knight (item 001304162) 6 sessions

Redefining Church Membership (item 001114328)

Women Making a Difference in Marriage (item 001116717) 8 sessions Your Church Experiencing God Together (item 001203266) 9 sessions

· Pray in Faith

A House of Prayer: Prayer Ministries in Your Church (item 001116723) The Search for Significance Workbook (item 001244374) 8 sessions When God Speaks (item 001117214) 7 sessions



Grow

Live in the Word

3:16 The Church Experience (item 005035514) 6 sessions
Experiencing God in Your Workplace: The Kingdom Agenda (item 001116525)
7 sessions

The Man God Uses: Moved from the Ordinary to the Extraordinary (item 001116501) 7 sessions

• Abide in Christ

The Ever-Loving Truth (item 001238296) 8 sessions
Freedom from Busyness (item 001299310) 5 sessions
He Speaks to Me: Preparing to Hear from God (item 001269686) 6 sessions
How Now Shall We Live? (item 001116506) 8 sessions
Jesus on Money: Charting a New Course (Book 1) (item 001114431) 6 sessions
Jesus on Money: Making Midcourse Corrections (Book 2) (item 001114432) 6 sessions
Jesus on Money: Crossing the Finish Line (Book 3) (item 001114440) 6 sessions
The Treasure Principle: Discovering the Secret of Joyful Giving (item 001274393)
4 sessions



Serve

Minister to Others

Baptist Adults ongoing curriculum*

Deacons: Growing in Character and Commitment (item 001114617) 6 sessions

Drawing Men to God: Men's Ministry Manual (item 001116617)

Equipping Deacons in Caring Skills (item 001116124)

Every Christian a Minister: Finding Joy and Fulfillment in Serving God (item 001114213) 4 sessions

How to Minister to Families in Your Church (item 001114628)

Influencing like Jesus (item 005035362) 5 sessions

Jesus on Leadership: Developing Servant Leaders (item 001116804) 6 sessions

Paul on Leadership: Servant Leadership in a Ministry of Transition (item 001238298) 6 sessions

Spiritual Gifts: A Practical Guide to How God Works Through You (item 001220730) 6 sessions

Success to Significance (item 001303667) 6 sessions

Teaching the Jesus Way: Building a Transformational Teaching Ministry (item 001114246)

Transformed Lives: Taking Women's Ministry to the Next Level (item 001116498)

A Trusted Friend When It Matters Most (item 005089098) 7 sessions

Unleashing the Power of Deacon-Led Ministry Teams (item 001244313)

Woman-to-Woman Mentoring (item 001114643) 6-month process

Women Reaching Women: Beginning and Building a Growing Women's Enrichment Ministry (item 001293365)



• Witness to the World

A 40-Day Experience: The Choice, Life's Most Important Decision (item 001274534) 7 sessions

Basic Training for Mission Teams (item 001313418) 7 sessions The Grace and Truth Paradox (item 001256630) 4 sessions Growing Disciples: Witness to the World (item 005085767) 6 sessions To the Ends of the Earth (item 001307533) 9 sessions On Mission with God (item 001114351) 8 sessions

Students



Know

- Lordship
- Disciplines

Circle Your World with Prayer (item 001052560) 5 sessions



Own

• Character

Vital Character: Courage (item 001274835) 4 sessions Vital Character: Mercy (item 001274840) 4 sessions Vital Character: Compassion (item 001303882) 4 sessions

Discernment



Known

• Relationships

Vital Skills: How to Help Friends in Crisis (item 001244814) 4 sessions Vital Skills: How to Resolve Conflict (item 001266012) 4 sessions Vital Truth: Humanity (item 001050955) 2 years

• Influence

Jesus on Leadership (item 001052573) 6 sessions
The Student God Uses (item 001052564) 6 sessions
Student Spiritual-Gift Inventory (item 001257591) 5 sessions
Vital Character: Justice (item 001303876) 4 sessions
Vital Skills: How to Develop Communication Skills (item 001244810) 4 sessions
Vital Skills: How to Be a Campus Missionary (item 001244818) 4 sessions
Vital Skills: How to Be a Servant Leader (item 001222600) 4 sessions
Vital Skills: How to Use Your Spiritual Gifts (item 001220562) 4 sessions
Vital Skills: How to Do Servant Evangelism (item 001222602) 4 sessions

Vital Truth: Service and Ministry (item 001050954) 4 sessions Vital Truth: Worldwide Mission (item 001050985) 4 sessions

Childhood



• Prepare to Lead in the Next Generation

TeamKid: Count on Me (Grades 1–6) (item 001301858) 36 sessions TeamKid: In His Hands (3s–Kindergarten) (item 001114261) 36 sessions Guide believers to find balance in life, indicated by a whole person who is moving in the right direction (see Ps. 139:23-24; Eph. 4:12; 2 Tim 2:15; 4:6-8; Heb. 12:1-2). Are believers in your church participating in closed groups in which they participate with other believers to learn biblical truths for their lives and deepen their levels of spiritual maturity? Do they have daily quiet times or devotional times when they read the Bible and pray? Are they balancing their lives by studying the Bible, praying, and serving God in meaningful ways? As followers of Christ, are they observably moving closer to being like Christ?

Speaking of balance, is your church providing a balanced discipleship process for all age groups? Ask yourself these questions.

- Is your church balancing actions that connect adults to God and other people; help them grow in biblical understanding; help them serve by using their Godgiven spiritual gifts, passions, abilities, and skills; and help them go beyond the church in sharing their faith stories with the lost and unchurched?
- Are you balancing your actions with students to help them know God, own their relationship with Christ, and be known by others?
- Are you helping children hear foundational Bible truths, know foundational biblical concepts, and become spiritually transformed?

Here are a few suggestions for guiding believers to find balance and wholeness.

- Help believers start the journey. Guiding believers on a journey to spiritual balance and wholeness is an important element of your discipleship strategy. That journey is a process of maturing until the day when each believer meets Jesus Christ in heaven. Spiritual markers of the journey become the stories believers tell when sharing their faith or describing experiences they had during their quiet times. Consider ways believers can tell their stories with one another as well as with those who have not yet started their journeys with Jesus.
- *Use a spiritual assessment*. To help believers get started on their journeys, provide them with spiritual-assessment tools. These tools help believers identify where they are on the journeys, not necessarily how mature they are at certain points. This information about spiritual status can be useful in developing a set of spiritual goals that determine what discipleship actions are needed—a resource to study or an act of service in your church, in the community, or on the mission field. An assessment tool is available free at *www.lifeway.com/discipleship*.
- Hold members accountable. To promote balanced growth, church members must hold one another accountable for lives that are moving in the right direction. Some churches use a cyclical discipleship process to involve members in accountability relationships. For example, T. W. Hunt and Mark Harrison use one in their church that involves four elements—knowing God, exalting God, transforming into the image of Christ, and obeying Christ. For ideas go to www.lifeway.com/discipleship.
- Provide balanced small-group and mentoring/coaching opportunities. Through these opportunities believers engage in relationships that help them find balance and live holistically for Christ. As you plan and organize small groups, consider the balance in the types of studies you offer. Use the categories Connect, Grow, Serve, Go for adults; Know, Own, Known for students; and Hear, Know, Do for children to help you select study options in all of the categories. Encourage people to participate in a variety of studies.
- Promote balance through the practice of spiritual disciplines. Balance and wholeness can result when believers practice spiritual disciplines. Guide believers to practice a

variety of disciplines. To engage believers in new disciplines, consider asking church members who are practicing those disciplines to share their experiences. Small-group studies of the disciplines also encourage the practice of the many spiritual disciplines that are mentioned in the Bible.

• Emphasize spiritual transformation. The ultimate goal of a balanced, intentional discipleship strategy is changed lives. Spiritual transformation is God at work in the lives of His followers. Challenge disciples to let God guide them to grow in their understanding of who they are and who they are becoming in Christ (be), expand their knowledge of biblical truth (know), and apply daily what they learn (do). In addition, involve believers in significant acts of service that glorify God and transform the lives of people. Your church can encourage believers of all ages to invite God to work in their lives through spiritual transformation.

Suggested Resources for Finding Balance and Wholeness in Life

Adults



Connect

• Fellowship with Other Believers

A 40-Day Experience: Extreme Love (item 001230866) 7 sessions

Come to the Lord's Table (item 001315091) 4 sessions

Experiencing God as Couples (item 001116621) 8 sessions

Experiencing God in Your Workplace: The Kingdom Agenda (item 001116525)

7 sessions

Extraordinary Marriage: God's Plan for Your Journey (item 001256628) 7 sessions

The Five Love Languages (item 005035510) 2, 5, or 7 sessions

The Five Love Languages for Singles (item 001274720) 6 sessions

Free to Forgive (item 001114263) 6 sessions

Growing Disciples: Fellowship with Believers (item 005085766) 6 sessions

Men's Fraternity: The Quest for Authentic Manhood (item 001260518) 24 sessions

· Pray in Faith

A 40-Day Experience: EKG, The Heartbeat of God (item 001244596) 7 sessions By Faith: Living in the Certainty of God's Reality (item 001303669) 6 sessions Disciple's Prayer Life: Walking in Fellowship with God (item 001116569) 13 sessions Fresh Encounter: Seeking God Together for Revival in the Land (item 001305293) 4 sessions

Growing Disciples: Pray in Faith (item 005035525) 6 sessions

In My Father's House: Women Relating to God as Father (item 001116577) 6 sessions

The Incredible Power of Kingdom Authority (item 001206333) 7 sessions

The Life-Changing Power of Prayer (item 001114610) 6 sessions

Lord, Teach Me to Pray (item 005035558) 5 sessions

The Love Languages of God (item 001227735) 8 sessions

Recovering from the Losses of Life (item 001117248) 9 sessions

The Search for Significance Workbook (item 001244374) 8 sessions

Strength for the Journey: A Biblical Perspective on Discouragement and Depression (item 001116624) 9 sessions

Grow

• Live in the Word

Bible Studies by Demand for Adults (item 005081527)

Bible Studies by Demand for Women, Volume 1 (item 001301870) 6 sessions

Bible Studies by Demand for Women, Volume 2 (item 001303670) 6 sessions

By Faith: Living in the Certainty of God's Reality (item 001303669) 6 sessions

Discovering the Biblical Jesus (item 001227582) 6 sessions

Enjoy: A Thirst-Quenching Look at Philippians (item 001256631) 6 sessions

Experiencing God, Revised (item 005084536) 12 sessions

Heaven (item 001316384) 6 sessions

Life Lessons from Women in the Bible (item 001116578) 6 sessions

LifeWay In-Depth Bible Study: Ephesians: God's Spiritual People (item 001307534)

LifeWay In-Depth Bible Study: James: Living by Faith in a Secular World (item 005035518)

Living Beyond Yourself: Exploring the Fruit of the Spirit (item 001243968) 10 sessions

Living Free: Learning to Pray God's Word (item 001114609) 6 sessions

Living God's Word: Practical Lessons for Applying Scripture to Life (item 001116299) 6 sessions

The Man I Want to Be (item 001304161) 6 sessions

MasterLife 1: The Disciple's Cross (item 001116284) 6 sessions

The Purity Principle (item 001260510) 4 or 5 sessions

Tough Sayings of Jesus (item 005035516) 4 sessions

We Believe: Living in the Light of God's Truth (item 001234650) 8 sessions

• Abide in Christ

A 40-Day Experience: Reality, Seven Truths from Experiencing God (item 001261085) 7 sessions

Believing God: Experiencing a Fresh Explosion of Faith (item 001227729) 10 sessions

Breaking Free: Making Liberty in Christ a Reality in Life (item 001116630) 11 sessions

Canvas: Heart (item 005038429) 6 sessions

Canvas: Mystery (item 005103005) 6 sessions

Discerning the Voice of God: How to Recognize When God Speaks (item 001315096) 6 sessions

Downpour: He Will Come to Us like the Rain (item 001303830) 12 sessions

The Exchange (item 005035511) 6 sessions

The Frazzled Female (item 001238297) 6 sessions

God's Story: Finding Meaning in Your Life Through Knowing God (item 001114549) 5 sessions

Gripped by the Greatness of God (item 001288990) 8 sessions

Growing Disciples: Abide in Christ (item 001316387) 6 sessions

Growing Disciples: The Call to Follow Christ (item 001303666) 6 sessions

A Hunger for the Holy: Nurturing Intimacy with Christ (item 001227734) 7 sessions

Putting on the Armor: Equipped and Deployed for Spiritual Warfare (item 001316390) 8 sessions

Life in the Spirit (item 001116290) 12 sessions

MasterLife 2: The Disciple's Personality (item 001116285) 6 sessions

MasterLife 3: The Disciple's Victory (item 001116286) 6 sessions

The Mind of Christ (item 001117244) 12 sessions

The Power of a Praying Woman (item 001304417) 10 sessions

The Prayer of Jesus: Living the Lord's Prayer (item 001157318) 6 sessions

Spiritual Warfare: Biblical Truth for Victory (item 001114630) 8 sessions

Vertically Inclined: Climbing Higher with God (item 001238290) 7 sessions Victoriously Frazzled (item 001303868) 6 sessions The Vision of His Glory (item 001316817) 7 sessions



· Witness to the World

On Mission with God (item 001114351) 8 sessions To the Ends of the Earth (item 001307533) 9 sessions

Students



Know

• Lordship

Vital Truth: Creation (item 001050939) 4 sessions Vital Truth: End Times (item 001050984) 4 sessions Vital Truth: God's Will (item 001050953) 4 sessions

Disciplines

Vital Character: Thankfulness (item 001274842) 4 sessions Vital Character: Responsibility (item 001274844) 4 sessions

Vital Skills: How to Manage Your Money (item 001244759) 4 sessions

Vital Truth: Spiritual Warfare (item 001050977) 4 sessions

Vital Truth: Stewardship and Responsibility (item 001050982) 4 sessions



Character

Revolutionary Purity (item 001296641) 5 sessions

Vital Character: Self-Control (item 001274841) 4 sessions Vital Character: Excellence (item 001303878) 4 sessions Vital Character: Contentment (item 001303883) 4 sessions

Vital Character: Purity (item 001303884) 4 sessions

Vital Skills: How to Exercise Your Independence (item 001244809) 4 sessions

Vital Skills: How to Deal with Emotions (item 001222582) 4 sessions

Discernment

Setting You Free to Make the Right Choices (item 001054270) 8 sessions Vital Skills: How to Make Wise Decisions (item 001266013) 4 sessions Vital Skills: How to Have a Balanced Life (item 001222597) 4 sessions



Known

Relationships

The Search (item 001244829) 6 sessions

Vital Character: Encouragement (item 001274839) 4 sessions

Vital Skills: How to Take Care of Yourself (item 001244812) 4 sessions *Vital Skills: How to Build Strong Friendships* (item 001244817) 4 sessions

Vital Skills: How to Relate to Authority (item 001266011) 4 sessions

Vital Skills: How to Build Healthy Family Relationships (item 001209399) 4 sessions

Vital Skills: How to Be a Godly Man (item 001222595) 4 sessions Vital Skills: How to Be a Godly Woman (item 001222596) 4 sessions

Vital Truth: Family (item 001051017) 4 sessions

Influence

Vital Truth: Work (item 001050987) 4 sessions

Vital Truth: Christian Citizenship (item 001050986) 4 sessions

Childhood



• Live Godly Lives and Grow as Christians

KidShare: What Do I Do Now? (item 001054282) 12 sessions

LifeWay VBS+

TeamKID: It's About Time, 3s–Kindergarten (item 001114577) 36 sessions *TeamKid: Rhyme 'n' Reason (3s–Kindergarten)* (item 001208744) 36 sessions



Know

· Learn and Love God's Word

Bible Skills, Drills, & Thrills+

Bible Teaching for Kids: Preschoolers and Children, dated curriculum* Club VBS+

E-Anytime, *Anywhere* (available online at *www.lifeway.com*)

Everything You Need to Know to Be a Teenager+

Experiencing God: Knowing and Doing the Will of God, Preteen Edition+

FUNdamentals: Jesus, The One and Only, Parts 1 & 2+

G-Force: Experience God Full Blast+

January Bible Study (available free online at www.lifeway.com/kids)

Preschool Bible Foundations+

When I Go to Church (item 001052463)



Do

Prepare to Lead in the Next Generation

FUNdamentals: Prime Time with God+

TeamKID: Jesus' IMs, Grades 1-6 (item 005035117) 36 sessions

TeamKID: Step Out: The Courage to Do What's Right (Grades 1–6) (item 005035657) 36 sessions

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